



## NORTH HERTFORDSHIRE DISTRICT COUNCIL

## AREA COMMITTEE DEVELOPMENT GRANT APPROVAL FORM

1. Committee: **Hitchin Area Committee**2. Date: **26 May 2015**3. Summary of application: **support groups for self-harming young people**Name of organisation: **PHASE (Providing Help and Support in Education)** Sum requested: **£6,000**Total project cost: **£6,000**

Brief details:

**PHASE are seeking £6,000 funding to provide three support groups one in each Hitchin secondary school for young people who are struggling with self-harm. The eight week course will be a safe space for young people to begin to understand some of their triggers and emotions, and also a chance to explore more healthy coping strategies. The support groups will take place in Hitchin Boys, Hitchin Girls Schools and The Priory School targetting up to 18 young people aged between 11 and 18 years old. The drop-in service will provide on-going support for those who have attended these sessions in addition to up to 50 young people.**

Matched / linked funding: **£0**

Funder:

Matched /linked funding : **£0**  
or DRR  
Funding in place:

Funder:

Comments from Development Officer:

**PHASE are in the process of seeking funding from other sources who have been approached. At the time of writing they have not received confirmation from other funding streams, therefore the organisation are requesting the total amount of the project cost.**

**There are other agencies currently developing district-wide initiatives to address this issue. They will be seeking funding via the central government 'early intervention fund' and the districts 'Health and Wellbeing' partnership. The issue of mental wellbeing in young people including self-harm issues has been brought to the attention of local MP Oliver Heald and the Secretary of State. Officers will ensure that the PHASE project will be aware and work in partnership with these agencies to ensure that no there is no duplication of services / projects.**

**The Community Development Officer has examined this application against the Authority's Area Grants Policy, the organisation's accounts and grant history, and considers it an eligible application to put before the Committee.**

Amount recommended: **£1,500**

4. Comments from Ward Members:

I support / do not support this application

Name: .....

Signed:

Date:

I support / do not support this application

Name: .....

Signed:

Date: